

From the Bestselling Author of *Cod* and *The Basque History of the World* In his fifth work of nonfiction, Mark Kurlansky turns his attention to a common household item with a long and intriguing history: salt. The only rock we eat, salt has shaped civilization from the very beginning, and its story is a glittering, often surprising part of the history of humankind. A substance so valuable it served as currency, salt has influenced the establishment of trade routes and cities, provoked and financed wars, secured empires, and inspired revolutions. Populated by colorful characters and filled with an unending series of fascinating details, *Salt* by Mark Kurlansky is a supremely entertaining, multi-layered masterpiece. Mark Kurlansky is the author of many books including *Cod*, *The Basque History of the World*, 1968, and *The Big Oyster*. His newest book is *Birdseye*.

Disneys Christmas Storybook Collection (Disney Storybook Collections), *Lost Christianities: The Battles for Scripture and the Faiths We Never Knew* and *Lost Scriptures: Books that Did Not Make It into the New Testament: 2-Volume Set*, *BREAKTHROUGH DREAMING HOW TO TAP THE POWER OF YOUR 24-HOUR MIND*, *Die Leiden Des Jungen Werthers* (German Edition), *Simone de Beauvoir* (Routledge Critical Thinkers), *The Heimskringla: A History Of The Norse Kings, Volume 2...*, *Surveillance on Screen: Monitoring Contemporary Films and Television Programs*, *The Shining Ones: The Worlds Most Powerful Secret Society Revealed*, *Science versus Religion*, *Wrestling: The Beginners Guide*,

Chris Lavers on Mark Kurlansky's *Salt: A World History*, a year odyssey that shows how sodium chloride has profoundly influenced. Only Kurlansky, winner of the James Beard Award for Excellence in Food Writing for *Cod: A Biography of the Fish that Changed the World*, could woo readers. An unlikely world history from the bestselling author of *Cod* and *The Basque History of the World* In his fifth work of nonfiction, Mark Kurlansky turns. The big story in the history of salt is of the increase in our intake: from less than mg daily per person in paleolithic times to nearly 4,mg in. This book looks at the history of this city, its literature, music, sense of humor, author of *Cod* and *Salt*, a definitive history of paper and the astonishing ways it. Regina Schrambling reviews book *Salt: A World History* by Mark Kurlansky (M). From the Bestselling Author of *Cod* and *The Basque History of the World* In his *The only rock we eat, salt has shaped civilization from the very beginning, and,*

However, as Mark Kurlansky so brilliantly relates in his world- encompassing new book, salt-the only rock we eat-has shaped civilization from. The only rock we eat, salt has shaped civilization from the very beginning, and its story is a glittering, often surprising part of the history of humankind.

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